Take the Sweat Aware Quiz

U.S. adults are

bothered by their excessive underarm sweating¹

Check all that apply to you:



My underarm sweat bothers me:

- Getting ready for or during a social event (e.g., before/during a date, going to a party, out with friends)
- At work (e.g., in a meeting, during a presentation)
- When stressed or anxious
- Unexpectedly / randomly

Underarm sweat causes me to:

- Avoid social situations, dating, or work events
- Choose clothing to hide sweat or change my tops throughout the day
- Toss away or spend money replacing white or light-colored shirts and tops that have become stained
- Frequently shower and/or reapply antiperspirant or deodorant throughout the day

My underarm sweat makes me feel:

- Unhappy / depressed
- Annoyed / frustrated / inconvenienced
- Embarrassed and/or anxious
- Self-conscious / lacking in confidence

I have a family member bothered by excessive underarm sweat:

Yes



If you checked two or more boxes, you may be a candidate for Brella[°]





Candesant © 2023 Candesant Biomedical. All rights reserved. CB-MLR-0068.A Biomedical 1: International Hyperhidrosis Society. IHHS sweat survey reveals many are suffering in silence. Sweat Solutions. September-October 2008: 1-