

## Frequently Asked Questions

### **Am I a Brella™ Candidate?**

If you are an adult who is consistently bothered by excessive underarm sweating even when you are not exercising or are too hot, Brella could be right for you.

### **Is Brella approved by the FDA?**

Yes, Brella is the first-and-only FDA-cleared 3-Minute SweatControl Patch™ significantly reducing excessive underarm sweating due to primary axillary hyperhidrosis after a single in-office treatment. In a rigorous trial, Brella was proven to be effective, safe, and well tolerated to cut sweat production by half while improving confidence and daily living.<sup>1,2</sup>

### **Who would not be eligible for treatment with Brella?**

- Certain individuals would not be eligible for Brella treatment, including children or adolescents who have excessive underarm sweating.<sup>1</sup>
- If you are an adult who has excessive sweating related to another medical condition or in body areas other than the underarms
- If you are an adult with an active skin irritation or infection at the treatment site, or with any abrasions, nicks, or cuts at the treatment site
- Please tell your doctor if you have shaved your underarms within the last 48 hours.

### **How long does Brella last?**

Brella is proven to significantly reduce excessive underarm sweating after a single treatment with results lasting three to four months. Some participants in our clinical study had longer-lasting results, e.g., greater than four months; individual results will vary.<sup>1</sup>

### **Is this safe to use on all skin types?**

Yes, Brella works on all skin types and is proven to be safe and well tolerated.<sup>2,3</sup>

### **Is Brella for anyone? (age, gender, race, ethnicity)**

Brella is for adults, regardless of their skin type, who are consistently bothered by excessive underarm sweating even when they are not exercising or are too hot.<sup>1</sup>

### **What happens during a Brella treatment?**

The Brella 3-Minute SweatControl Patch consists of a sodium sheet with an adhesive backing. When the Patch is applied to the underarm, the sodium comes in contact with the water in your sweat, generating heat. The heat precisely targets your underarm sweat glands to significantly reduce sweat production.<sup>3,1</sup>

**How long is a Brella procedure?**

Brella is a quick, comfortable, and easy in-office treatment. It takes up to three minutes to treat each underarm and only one underarm is treated at a time.<sup>1</sup>

**What will I feel during the procedure?**

During the procedure the treated area may start to feel warm as the time passes. You may also feel some stinging or pins and needles or other sensations that may become more noticeable as the treatment takes place. This will be an indication that the Patch is interacting with your sweat and the treatment is working. In our clinical study, Brella-treated patients reported an average discomfort level of 2.4 (on a scale of 1-10 where 1 is minimal).

**What side effects might I experience after treatment?**

Brella is safe and generally well tolerated. You may experience treatment-related minor redness or irritation, which typically resolves immediately after the procedure.<sup>1,4</sup> Some patients had tenderness or sensitivity that lasted up to 48 hours.

**How long does it take to work? When will I see results?**

Many patients see results within a few days. It is important to understand that this treatment reduces excessive underarm sweating. It will not stop sweating completely. If you exercise or are in a hot/muggy climate, you may still sweat in your underarms.<sup>4</sup>

**How will Brella impact my day? How will it make me feel?**

- After a single treatment, patients experience significant improvement in confidence including reduced feelings of frustration and embarrassment.<sup>5</sup>
- Reduced sweat production may lead to a reduction in showering multiple times a day, high dry-cleaning bills, frequency of applying antiperspirant, need to frequently replace stained shirts and tops, or need to carry extra change of clothing.<sup>5</sup>

**How do I prepare for my Brella treatment?**

You will need to shave or clip your underarms at least 48 hours before treatment. On the day of your appointment, wear loose-fitting clothing (i.e., a tank top). Make sure you drink plenty of water, so you are hydrated. Avoid wearing deodorant or antiperspirant to the appointment, if possible.

**Is there any downtime with this treatment? Can I resume normal activities immediately post treatment?**

There is no downtime after a Brella treatment.<sup>1,2</sup>

**If my sweat is reduced in one area, will I sweat more in another area?**

This is called compensatory sweating and it is a common side effect of treatments for excessive sweating. In our study, this only happened to one patient,<sup>4</sup> so it is not expected to be a common side effect, but it could happen. As results from a Brella 3-Minute SweatControl Patch treatment are temporary, if compensatory sweating occurs, it is expected that it will also be temporary.

**When can I use deodorant/antiperspirant or shave again?**

You can resume your normal hair removal, deodorant, or antiperspirant use after the treatment. But, if your underarms feel irritated or tender, wait until it resolves.<sup>1</sup>

**References**

- 1) For complete prescribing information, see device instructions for use.
- 2) Glaser DA, Green L, Kaminer M, Smith S, Pariser D. Outcomes from the SAHARA Clinical Study on the TAT Patch for Excessive Axillary Sweating or Primary Axillary Hyperhidrosis. Late-breaking oral presentation at: American Academy of Dermatology annual meeting; March 17-21 (presented March 18, 10:10 am CT), 2023; New Orleans, Louisiana.
- 3) Waugh JM, Elkins C, Rhee H, inventors. Candesant Biomedical, Inc., assignee. Medical devices for generating heat and methods of treatment using same. U.S. Patent 2021;11:425.
- 4) Data on file, Candesant Biomedical
- 5) Jacob C, Green J. Quality of Life Improvement shown during SAHARA Clinical Study on the TAT Patch for Excessive Axillary Sweating or Primary Axillary Hyperhidrosis. Presentation abstract for Cosmetic Boot Camp (CBC) conference, June 22-25, 2023, Aspen, Colorado